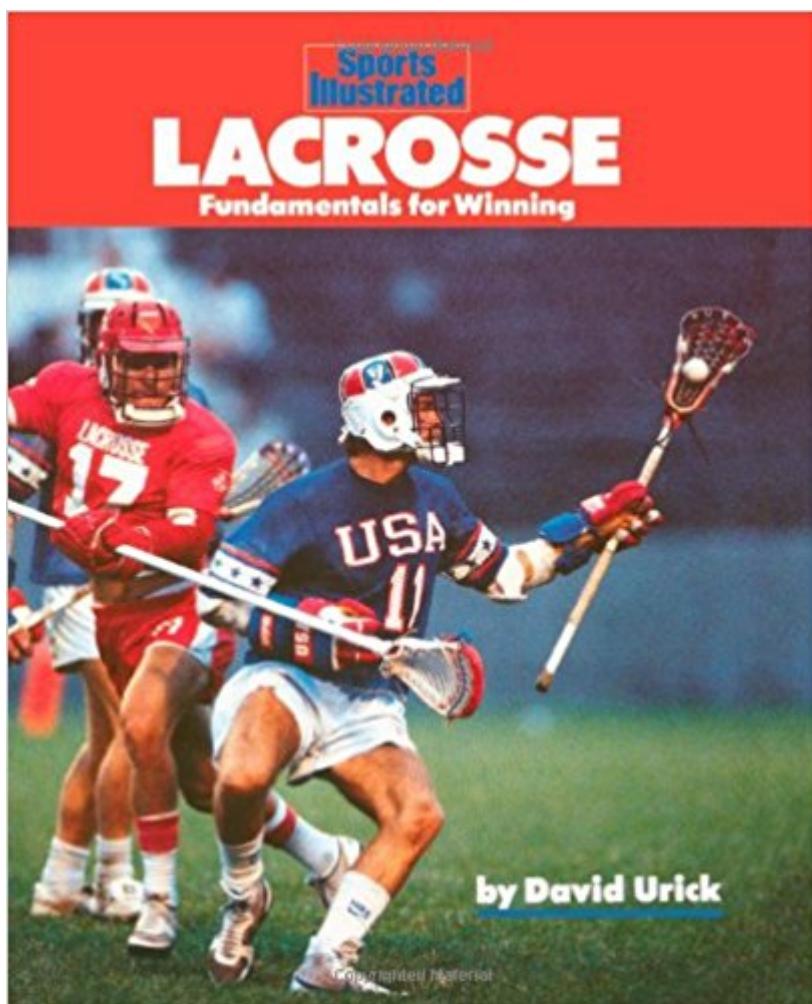


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# Lacrosse: Fundamentals For Winning (Sports Illustrated Winner's Circle Books)



## **Synopsis**

Eight-time national championship coach David Urick shows players and coaches the pathways to lacrosse success!

## **Book Information**

Series: Sports Illustrated Winner's Circle Books

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Average Customer Review: 4.5 out of 5 stars 11 customer reviews

Best Sellers Rank: #1,066,240 in Books (See Top 100 in Books) #45 in Books > Sports &

Outdoors > Other Team Sports > Lacrosse

## **Customer Reviews**

Lacrosse, a game of speed, complexity, and nuance, is fast becoming a boom sport nationwide.

Now, eight-time national championship coach David Urick shows players and coaches the pathways to lacrosse success!

It was a good introduction to lacrosse. Most of the basics were covered. I felt it is a good book for coaches beginning to coach the sport. I wish it would have had a chapter on the rules. At my sons first lacrosse game, I had no idea about the penalties being called so I would like to have had more information in the book about the rules.

god basic book for novice Lacrosse enthusiasts, spectators and Grandparents

A very good book on the fundamentals

I gave it to my grandson who is a very fine lacrosse player and he said it was too much for beginners.

My 9 year old son just started to play and we knew NOTHING about the sport. This kept it simple and also helped us to help him at home.

Got this for my son who is playing lacrosse. He has read it and learned more about the game. I looked through it too. It will certainly help me to talk about the game better and to enjoy watching it even more. I would highly recommend this for new lacrosse players or ones who have been playing for a while but have more to learn.

This book is an excellent tool for novices of the game. It gives chapters about the positions and techniques of the game and could be very helpful if you are learning lacrosse. It is also a resourceful tool as a coach (of kids under about 14) and gives pointers on all aspects of the game. If you have been playing lacrosse for a while you may want to look to another source for information about the game, although this book would be somewhat entertaining.

I coach high school Lacrosse in Missouri, and have found this book a valuable tool in teaching Lacrosse to my players and their parents. I also loan this book out to other coaches and assistant coaches. The book is very comprehensive, but it is so easy to understand, that a total novice at Lacrosse is able to understand the game and even feel like an authority. It covers rules, history and strategy. In an area where Lacrosse is relatively new, this book is a god-send

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